

# Newsletter: November 2019

Dear Dos Rios Families,

November, 2019

The crisp air reminds us that the seasons are changing and the anticipation of the leaves turning colors, warm sunny days and cold nights, apples and pumpkins. As November slips in, we are reminded to pause and be thankful. Your children are settling into the routine of school and we enjoyed celebrating your child's accomplishments from first quarter and setting goals for the next quarter. If you were unable to attend conferences, please reach out to your child's teacher, as it is important for us to partner in your child's education. Please like us on Facebook, Dos Rios Elementary, to receive updates on school events.

Our teachers are training our young people to be ready for jobs that have not even been invented yet. At Dos Rios, each grade level has specific goals for academic success and each classroom reflects that rigor. We need your support in maintaining high expectations so that your student will grow as much as possible. Remember to regularly check your students take home Thursday folder, make sure that your child is reading every night and doing homework regularly.

During counseling class, K-4 grades will begin Second Step. A program focused on attention, self-talk, managing emotions and feelings. Fifth graders will begin a program called Ride the Waves, focusing on identifying sources of stress and learning healthy ways of coping.

October 31st is Character Day. Our students are excited to share their learning with you. A letter will be coming home about Character Day and sharing each grade's time. Please come celebrate with us and make sure to check in at the office.

On November 7<sup>th</sup>, our PTO will host a fall carnival, from 5-7pm. There will be food, games and fun!

Thank you for sharing your children with us, we are so thankful for them and our community. There are so many things to be thankful for. Take time this month to remember those things and model for your children a time of reflection and thanksgiving. We are so lucky!

Fondly,

Cinnamon Cain



Please join us for our Fall Festival on November 7<sup>th</sup> from 5-7pm. There will be games, food & fun.

### Dates to Remember:

November	3	Daylight Savings Time (Fall Back)
	4	Canned Food Drive Begins
	6	Picture Retakes
	7	PTO Fall Festival 5-7PM
	14	Thanksgiving Lunch Tickets Due
	18	PTO Meeting 4:15PM (Library)
	21	2 <sup>nd</sup> – 5 <sup>th</sup> Grade Vision & Hearing Screening
	21	Thanksgiving Lunch
	21	4 <sup>th</sup> Grade Music Program 6:00PM (Performers be here at 5:30PM)
	25-30	Thanksgiving Break



### Important Parents

We would like to remind families that cold weather is upon us and students need to dress appropriately for the conditions. Please be sure your student has a coat, gloves and hat for when the snow starts to fly. Boots would be great for outdoor play. Students play outside every day and sometimes twice a day (if you do not have a coat, please contact Cindy in the Student Support Center). Please be sure to put your student's name on all clothing. We have items in the lost and found and if they are not claimed by winter break, they will be bagged and given away!

## Canned Food Drive

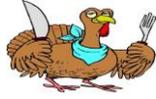
The Canned food drive will start November 4<sup>th</sup> and end December 6<sup>th</sup>. The food will be donated to Salvation Army. This is a great way to help those in need. Please bring any unperishable items to your classroom. The last day to donate is December 6<sup>th</sup>.

Food Drive



## Picking Students Up Early

When you need to check your child out early for any reason, please give yourself enough time to come into the office to sign them out. We will not call your child down to the office until you have signed them out. You also need to be aware that leaving early is treated the same as a tardy. Try to avoid missing class time, whether it's at the beginning of the day or by being pulled out early. Remember, for every 5 tardies equals one absence. If you have any questions, please call the office at 254-7910.



## Thanksgiving Celebration

We invite the families of Dos Rios Students to enjoy our Thanksgiving lunch. Reserve your spot by **purchasing** a ticket; students are normal cost, adults \$4.15 and siblings \$3.00. **Please provide payment to Kristi, in the cafeteria, by November 14th.** We hope to see many of our Dos Rios Families.

When: Thursday, November 21, 2019

Time: Varies based on lunch times

AM Pre-K 11:50

2nd Grade 12:20

PM Pre-K 12:25

3rd Grade 12:35

All Kinder 11:45

4th Grade 1:00

1st Grade 12:10

5th Grade 12:40



## PTO Meeting

Where: Library

When: November 18<sup>th</sup>

Time: 4:15 PM



## Time Change

Please mark your calendar for November 3<sup>th</sup>. It is that time again to turn back your clocks.

# Social Emotional Learning

## External Supports

**“I am aware of the supports I have around me.”**

During the month of October, our Social Emotional learning focused on external supports. As students become more self-aware, knowing how they are feeling and are realistic about their own abilities, It is important for students to be able to identify positive adults in their life. Students need to be able to know where to find help and support to solve problems and work through challenges. Students worked to identify an adult they trust, explain situations in which they need to seek adult help and understand how and where to get help.

### Questions to ask your child:

- Who has supported you through a problem or challenge?
- How did that person support you?
- Who helps you at school, home, in the community?
- How can you ask for help?



Monday	Tuesday	Wednesday	Thursday	Friday
<b>B- Breakfast L- Lunch</b> This institution is an equal opportunity provider. (Mgt. Choice will be one of the following entrees: Meatball Sub, Sloppy Joe, Turkey Wrap, Chicken Flat Sandwich or Figs in Blanket.)	See <a href="http://www.bit.ly/schoolmenus">www.bit.ly/schoolmenus</a> for daily sides and nutritional information	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety  Always available lunch: PB&J Uncrustables or Salad Bar Meal with Fruit and Milk variety		1 <b>B- FRENCH TOAST STICKS</b> <b>L- HOMEMADE PIZZA VARIETY</b> other options and sides listed above
4 <b>B- BREAKFAST SAUSAGE PIZZA</b> <b>L- MANAGER'S CHOICE</b> other options and sides listed above	5 <b>B- EGG &amp; CHEESE BISCUIT</b> <b>L- BEAN BURRITO</b> other options and sides listed above	6 <b>B- WAFFLES</b> <b>L- PORK SANDWICH</b> other options and sides listed above	7 <b>B- BREAKFAST BURRITO</b> <b>L- SPAGHETTI and MEATBALLS</b> other options and sides listed above	8 <b>B- VARIETY OF MUFFINS</b> <b>L- FIESTA NACHOS</b> other options and sides listed above
11 <b>B- PANCAKE WRAP</b> <b>L- POTATO BOWL</b> other options and sides listed above	12 <b>B- EGGS &amp; TOAST</b> <b>L- CHICKEN QUESADILLA</b> other options and sides listed above	13 <b>B- BISCUIT WITH GRAVY</b> <b>L- ROASTED CHICKEN</b> other options and sides listed above	14 <b>B- FRENCH TOAST STICKS</b> <b>L- SAMURAI RICE BOWL</b> other options and sides listed above	15 <b>B- MONKEY BREAD</b> <b>L- BRONCO BURGER</b> other options and sides listed above
18 <b>B- EGG, HAM &amp; CHEESE OMELETTE</b> <b>L- CHEESE RAVIOLI</b> other options and sides listed above	19 <b>B- EGG, SAUSAGE &amp; CHEESE BISCUIT</b> <b>L- TACO SPAGHETTI</b> other options and sides listed above	20 <b>B- PANCAKE WRAP</b> <b>L- GRILLED CHEESE</b> other options and sides listed above	21 <b>B- MINI BAGELS</b> <b>L- HOMESTYLE TURKEY</b> other options and sides listed above	22 <b>B- FRENCH TOAST CASSEROLE</b> <b>L- HOMEMADE PIZZA VARIETY</b> other options and sides listed above
25 No School Thanksgiving Break	26 No School Thanksgiving Break	27 No School Thanksgiving Break	28 No School Thanksgiving Break	29 No School Thanksgiving Break